

Team Building & Bonding Training Programs

Building a High Performing Team

Different from other team building programs, our team building program focuses on mainly indoor activities, learning experience and interaction. We take the experiential learning to a new height by consistently injecting the positive psychology components into the activities and debrief connecting the missing points and create the -'A-HA' moments in participants.



Multi Directional Interaction & Learning

The Reason Why Us!

Effective Training Interventions to ensure Learning Effectiveness

"This training selected excellent materials, provided great examples and put together an experience that could transfer key learnings into application immediately."

Program designed in-line with Adult Learning Principals

"I highly recommend this training to anyone who has people they want to develop and want to develop themselves."

Trainer with management + psychology +finance expertise + multi-lingual & cultural background

"I thoroughly enjoy this Leadership training by Bryan. He really understand our difficulty as a leader."

Positive Directional and Approachable Learning Climate

"I truly appreciated Mr. Bryan's professionalism, knowledge and patience with the class. Clear, concise and rooted in common sense - with a touch of human psychology. Thank you"



Mr Bryan Ng

Mr Albert Ng

Our Aims:

- 1) Work on simulating the actual work challenges during experiential learning by creating a safe and engage climate allowing open discussion so that actual work challenges can be discussed in respectful and constructive ways.
- 2) Bond participants on their emotional and psychology level so that it is deep rooted to uphold the change behaviour when returning to work.
- 3) Create a safe and positive climate to encourage open discussions among participants, creating aligned and agreed constructive next steps .



Unique Conversion Retreats, Malaysia

Target Audience: Entrepreneur/ Managers/ Beautician
 No of Pax: 78
 Duration: 3 Days, 2 Nights
 Language: Mandarin

Core Objectives:

Due to the over whelming good response from Retreat II, we were invited to conduct a retreat program on "Enrichment Retreat III – Rock Your Life" for a well established Beauty & Cosmetic product marketing & services organization.

In this retreat project, it aims to impart the awareness of how to effectively manage one's emotion, understand the inner iceberg as well as introducing 6 ways to manage feelings that triggered by emotion. With our vast experience in Psychology + Management, participants are guided to reflect and understand better some of the challenges they are facing at work.

Interesting indoor group activities coupled with out door self reflection activities are included in this retreat to promote self realisation at the same time creating stronger bonding between the Principles and Distributors.

As part of the 'Rock your Life', videos and experiential activities were carried out to remind participants about value of life. In fact, a specially designed 'Childhood Game' was the key highlight during the retreat where everyone enjoyed tremendously.

The training was conducted in Mandarin language however in order to create a safe and comfortable learning climate, our trainer delivered in few languages and Malaysian accent throughout the class to ensure all participants understand our presentation as well as feeling at home.



Evonik Shared Services, Malaysia

Target Audience: Management, Seniors Managers & Team
 No of Pax: 58 Duration: 2 Days Language: English



Core Objectives:

A special in house team bonding program was organised as the last training intervention after a series of leadership training conducted for the middle management aiming to create safe platform for open discussions, bonding between the respective manager and the team and aligning the team towards common company goals.

Tencate Geosynthetics Asia, Malaysia

Target Audience: Senior Manager and Core Team
 No of Pax: 60+ Duration: 2 Days Language: English



Core Objectives:

This session is arranged immediately after management review and meeting with the aim to create awareness on the role of a leader, the possible blind spots of a leader and subsequently working on bonding the core team especially working on the inter-department misunderstanding and conflicts, transforming common frustration to inspirations.